IN THE MATTER OF: )
ALLYSON SIEGEL, LPC )
Respondent. )

Case Number 1727 )

CONSENT ORDER

STATE OF NORTH CAROLINA  
BEFORE THE NORTH CAROLINA  
BOARD OF LICENSED  
PROFESSIONAL COUNSELORS

THIS CAUSE, coming on to be heard and being heard before the North Carolina Board of Licensed Professional Counselors ("the Board"), at its meeting on October 17, 2018, pursuant to a Charge Letter issued by the Ethics Review Committee of the Board on July 9, 2018; and

IT APPEARING to the Board that the Respondent has stipulated to certain facts and to the entry of a Consent Order in conformity therewith;

IT IS HEREBY STIPULATED by the undersigned Respondent and the Board that:

1. Respondent was at all times relevant to this cause a Licensed Professional Counselor (LPC), and is subject to the Board’s jurisdiction pursuant to the North Carolina Licensed Professional Counselors Act, Chapter 90, Article 24 of the North Carolina General Statutes.

2. During 2015, Respondent provided counseling services to "client X." Respondent began providing counseling services to client X subsequent to her psychiatric hospitalization for depression and suicidal ideation. Following the initiation of counseling services to client X, and continuing after Respondent terminated services to client X, Respondent engaged in an inappropriate dual relationship with client X, which included, among other conduct: inviting her out for meals; giving her money; and providing her name to others so they could hire her to provide food services. This relationship was unethical and client X felt that it caused her harm.

3. While Respondent was providing counseling services to client X, Respondent failed to document her services in the manner required by statute and Board rule. Respondent’s records of services to client X included only three case notes, a note about a request client X allegedly made about a letter, and a copy of the letter. Otherwise, Respondent’s records of services to client X did not include a professional disclosure statement, a counseling or treatment plan, progress notes for the remaining sessions of service, and billing or financial records.

(a)(9) & (a)(10) of the North Carolina Licensed Professional Counselors Act and of Title 21, Chapter 53 .0204 of the North Carolina Administrative Code.

5. The Board and Respondent wish to avoid the time and the costs associated with full litigation of this matter and, in lieu of any proceedings, enter into this Consent Order. Respondent has made a career change several years ago and is no longer providing counseling services.

6. Respondent expressly waives notice of hearing, a hearing, the making of findings of fact and conclusions of law, and all further proceedings before the Board to which the Respondent may be entitled by law. Respondent further agrees that presentation of this Consent Order to the Board for approval shall not constitute improper ex parte communication between the Board and its counsel, or the Board and its staff, nor require the recusal of the members of the Board from consideration of this matter before the full Board, should a hearing be required in this case.

7. Respondent forever releases the State of North Carolina, the North Carolina Board of Licensed Professional Counselors, and all its members, officials, agents, representatives and employees, both past and present, in their individual or official capacities from any and all liability, suits, claims, and causes of action, arising prior to or as a result of the execution of this Consent Order.

8. Respondent waives the right to seek judicial review or to otherwise challenge the validity of this Consent Order in any court. Respondent understands and agrees that this Consent Order shall be effective only after approval by the full Board and signature of its Chairperson.

9. This Consent Order contains the entire agreement between the undersigned, there being no agreement of any kind, verbal or otherwise, which varies, alters, or adds to this Consent Order.

Based upon the record and the foregoing stipulations and findings,

NOW, THEREFORE IT IS HEREBY ORDERED as follows:

I. The license of the undersigned Respondent is hereby REVOKED.


III. No later than November 1, 2018, Respondent shall submit her original license to the Board Office at: Stefon Plummer, Board Administrator, North Carolina Board of Licensed Professional Counselors, Post Office Box 77819, Greensboro, North Carolina 27417. No later than November 1, 2018, Respondent shall also submit an Affidavit attesting that she has ceased to engage in any
activities that meet the definition of the practice of counseling, as defined in NC. Gen. Stat. § 90-330(a)(3), or fall under the prohibitions set forth in N.C. Gen. Stat. § 90-331.

IV. Pursuant to N.C. Gen. Stat. § 90-340(g), Respondent may re-apply for licensure on or after October 30, 2019.

V. Should Respondent apply to this Board for licensure at any time in the future, the Board shall have access to its entire investigative file for purposes of considering such application.

VI. The failure of Respondent to abide by any provisions of this Consent Order shall result in further action by the Board, including seeking an injunction in Superior Court, in the discretion of the Board.

VII. The Board shall maintain this Consent Order as a public record pursuant to N.C. Gen. Stat. §§132-1 and 90-340(f) and shall provide copies to the American Counseling Association and the National Board of Certified Counselors, and to other agencies or individuals, as required by law.

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This the 19th day of October, 2018.

CONSENTED TO BY:

NORTH CAROLINA BOARD OF LICENSED PROFESSIONAL COUNSELORS

By: Denauro Robinson, Ph.D., LPCS date
Board Chairperson

By: Allyson Siegel, LPC date
Respondent

By: Vicki F. Goldstein date
Attorney for Respondent